

# Week 13

## 'Dressed Right'

### Ephesians 6:10-24

- What does it look like to be strong in the Lord?
- When have you been strong in the Lord? When was it difficult to be strong in the Lord?
- Why do you think Paul uses the imagery of armour? Why is it good imagery? Why is it less than helpful?
- Who or what is our struggle against? Who or what is our enemy?
- What is the day of evil?
- Why does Paul repeat the word *stand* so often in this passage?
- When were you able to stand firm for Christ? What was that like?
- Why do you think each piece of armour was assigned this way? For instance, why is it a *belt* of truth or a *breastplate* of righteousness?
- What does it look like practically to put on the armour of God each day?
- How does putting on the armour of God relate to putting on the new self?
- According to this passage, how are we to pray?
- Do you pray on all occasions with all kinds of prayers? Why or why not? When and why are you most likely to pray?
- Why do you think Paul wrote that we should be Watchful (V18)?
- How are we ambassadors for Christ? What does that mean for how we live?

### Application

- Identify situations in which it's difficult for you to stand firm for God. Why are they difficult? What can you do to change this? Or do you need to avoid these situations altogether?
- Who in your life helps you to stand firm for Christ? Find a way to thank him or her this week.
- How can you ensure that you put on the armour of God each day? What do you need to do? What do you need to stop doing?
- If you struggle with talking about your faith, pray for yourself the prayer Paul asks for in verses 19–20.
- To whom are you a missionary? Your family members? Your co-workers? Your neighbours? Identify your mission field and pray that God will allow you to proclaim the gospel through words and actions.
- Think of someone who is able to talk about his or her faith in winsome ways. Meet with him or her to learn how you can share your faith in similar ways.

## Week 14

### 'Ephesians Overview'

#### **Watch An overview of the book of Ephesians by the Bible Project**

( <https://youtu.be/Y71r-T98E2Q> )

*The passages of scripture linked to each question are there simply there as a guide if people can't remember what the video said, or if you couldn't watch the video.*

- 1/ Why do you think God wanted to unify everything under Jesus?  
Ephesians 1:3-10
- 2/ What does it mean to be physically alive, but spiritually dead?  
Ephesians 2:1-10
- 3/ What does it mean to be a new creation in Jesus?  
What are the benefits?
- 4/ How does the love of Christ change how you see yourself?
- 5/ Being one church is an amazing thing, what are the various dimensions of our oneness?  
Ephesians 4:1-6
- 6/ What does it mean for you to take off your old humanity and put on your new humanity?  
Ephesians 4:17-32
- 7/ There are 4 signs of the Spirit, what are they and why are they important?  
Ephesians 5:15-20
- 8/ Why do we need to be careful about Spiritual Evil?  
Ephesians 6:10-17